

June 8-14

Alma 8-12

"Jesus Christ Will Come to Redeem His People"



Media Library:

This link will take you to the Book of Mormon Videos.



Additional Ideas:

This link will take you to the June 2020 Friend Magazine. Come, Follow Me For Little Ones

Sunday Lesson: Alma and Amulek's Mission to Ammonihah



If your ward is still having church services at home, use this program to help you plan this lesson similar to a Sacrament meeting.



ATTENTION GRABBER:

You will need a pencil for this activity. Ask for a volunteer. Show them the grid and have them start with their pencil on the children. Explain that they are going to draw a line following your instructions (included in the lesson PDF).

•If the volunteer had not followed the directions would the children have made it to the temple?

Thank them for being obedient and following the directions. Explain that today the lesson will be about two missionaries who were obedient in all they were asked to do.

Use the character cutouts as you study the account of Alma and Amulek's Mission to Ammonihah. Little ones can take turns holding a character. Each time they hear their character's name they will hold it up. You can study the account in the scriptures by reading Alma 8:8-9:34 and Alma 11:21-12:19 or you may choose to use the simplified version in the Children's scripture reader.

Alma's Mission to Ammonihah," Book of Mormon Stories



Test your Knowledge. Take turns picking a trivia card. If you are able to answer the question then you keep the card. If you are unable to answer the question put it back in the pile. If two people have been unable to answer the same question someone can say "Steal it," but if they are unable to answer it they must look up the reference and find the answer but they do not get to keep the card. The person with the most cards at the end wins.

Younger children will enjoy coloring as they listen to you tell the account of Alma and Amulek's Mission to Ammonihah.



"Learn from Alma and Amulek"

Youth Sunday School Packet. Encourage your children to read Alma 9:18-30 and ponder the responsibility they have with the light and knowledge they have been blessed with. You could share how you feel blessed by the knowledge and understanding you have of the Gospel of Jesus Christ and what you have done to nourish and share it in your own life.

Older Children and Teens:

Use the talk "Learn from Alma and Amulek"

By Dieter F. Uchtdorf for a more in depth study of Alma and Amulek. You may also want to use the journal prompt from our

Devotional 1: Alma 8

Follow the ideas and discussion questions listed in the lesson manual under the section titled "My efforts to share the gospel may require persistence and patience". If you have older children and teens you may want to take the time to study the entire talk "The Cost—and Blessings—of Discipleship" by Jeffrey R. Holland. If you have small children or prefer a little shorter lesson then just share the missionary story he shares beginning in the third paragraph. Explain that sometimes the best way we can be a missionary is by loving and serving those we come in contact with. You may want to have a volunteer read Mosiah 2:17.

•How did the way the missionary reacted in the story show that she was a true disciple of Christ?

Together as a family or individual write or draw a picture for each service category on the worksheet.



"The Cost—and Blessings—of Discipleship"



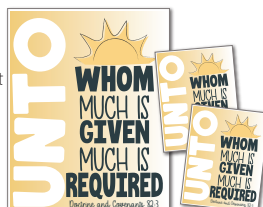
Devotional 2: Alma 9

As you read Alma 9:19-23 look for the blessings God gave the people of Nephi. Ponder "What gifts and blessings you have experienced because you are a member of the Lord's Church?" You may want to jot your answers down on a piece of paper or on the back of your scripture insert. As you study chapter 9 look for a truth that helps you understand what the Lord expects of those who have received great blessings from Him. Ask a family member to read D&C 82:3.

•Why is it fair for the Lord to have higher expectations for those who have received the knowledge and blessings of the gospel?

•What can we do to stay true to these blessings?

Hang the poster in your home as a reminder this week that the Lord expects greater obedience from those who have received the knowledge and blessings of the gospel.



Devotional 3: Alma 10

Ask your family members to share how they wake up each morning.

•Do they set an alarm?
•Does a parent or sibling have to wake them?
•Do they usually have to be called more than once to get out of bed?

Sometimes the "wake up call" we receive is spiritual. As you read Alma 10:1-6 look for Amulek's response to the spiritual "wake-up calls" he had received from the Lord. As you read Alma 10:7-12 look for the 2 things Amulek does.

•Bear Testimony (7-10)
•Hears and obeys the Lord's call (11-12)

Show the video "#HearHim"
•How are our lives and the lives of those around us blessed when like Amulek we hear and obey the Lord's call?

Think of some ways you and your family can follow Amulek's example this week.

#HearHim: Listen to the Voice of Jesus Christ



Devotional 4: Alma 11

Ask several family members to think of something they know is true. It could be Gospel related or not. Now show them the money and ask them to pretend that they are real \$100 dollar bills. Ask someone to share their truth. Offer to pay them some of the money if they will say that it is not true. Give several children a turn. Explain that a lawyer named Zeezrom offered Amulek money to deny the existence of God. Read Alma 11:22-24.

•How did Amulek respond to Zeezrom?

•Who did Amulek say would guide him? (Alma:22)

•What are some situations in which you might be tempted to act contrary to what you know is right?

As you read Alma 11:26-40 you may want to have one family member read the words of Zeezrom and one family member read the words of Amulek. Use the video with the lesson manual ideas under the subtitle "Alma 11:34-37".



"The Sting of the Scorpion"



Devotional 5: God's plan is a plan of redemption

Follow the lesson manual under the title "God's plan is a plan of redemption". Use the video from Book of Mormon Central to help your family understand the different names for "God's plan of redemption". As they watch the video have them find and color the different names for the "The Plan" on the coloring page. If you have older children and teens have them turn over the coloring page and write a short summary of what Alma and Amulek taught about the following aspects of the plan.

The Fall, The Redeemer, Repentance, Death, Resurrection, Judgment. Give them an opportunity to teach your family what they learn.

"Why Are There So Many Different Names for the Plan of Salvation in the Book of Mormon?" (Knowhy #312)



Devotional 6: Alma 12

You may want to begin this devotional by reviewing the object lesson from the March week 2 lesson packet.

Object Lesson:

You will need a glass of water, dry sponge and a rock. Show your family the rock and the sponge.

•What do they notice about each item (one is hard and one is soft)?

•Which one would absorb the water better?

Pour the water over each so they can see that the sponge that is soft can soak up the water.

•What does this teach about the importance of a soft heart?

Follow the lesson manual under the title "If I will not harden my heart, I can receive more of the word of God". Then make a cute heart bookmark. On the back white portion of the paper provided take a moment to write or draw ways to ensure that God's word is "found in you". Keep it in your scriptures as a reminder to avoid a hard heart.



Origami Heart Bookmark

